



**Congratulations!!! You are turning to the next chapter in your education!
OK, WHAT DO YOU DO NOW? I MEAN... RIGHT NOW?**

This page is here to help you prepare for your transition to college life. This is an exciting time indeed! However, the summer after you graduate high school through your first few months of college are critical to your success in college. The information provided here will help you to start off ahead of the game!

T² TIPS FOR FIRST YEAR COLLEGE STUDENTS

1. **GET ORGANIZED.** This is an essential skill for success in college.
2. **GET TO KNOW YOUR CAMPUS.** Seek out the Registrar, Bursar, Book Store, Health Center, Library, and Campus Center. Find and meet your College Counselor and don't forget that the website for your college will have important information.
3. **ATTEND ORIENTATIONS.** (Especially Freshman Orientation) Orientations are a fantastic opportunity to **meet other students**, professors and support staff as well as an opportunity to get to know your campus.
4. **PARTICIPATE IN EVENTS EARLY ON.** Become a part of the campus, get involved in programs that interest you and make new friends. This will help you **meet other students**, help you overcome the feeling of being alone in a new place and enrich your college experience.
5. **MEET OTHER PEOPLE.** If you haven't picked up on it yet, **meet other students!** However, also don't be afraid to meet your professors. Professors have office hours... go and meet your professors during those office hours. The importance of getting to know each of your professors individually cannot be stressed enough! Staff members at your college are fantastic resources to help when you have questions.
6. **ASK FOR HELP EARLY...BEFORE IT'S TOO LATE!!!** In all matters it is better to ask for help than it is let it linger and then feel like it's too late! Get yourself comfortable with asking questions and don't do it alone!
7. **STAY HEALTHY.** Eat right, get some fresh air, exercise and get adequate sleep. Find the right balance of academics, social and self to keep life and stress levels in check.
8. **BE PREPARED TO BE OVERWHELMED.** This is where creating a support system of friends, professors, staff, getting organized, setting routines, staying healthy and finding outlets to unplug will help you. Don't wait until you are overwhelmed to realize you have not set your foundational support system. If you are active in setting up Tips 1 through 7 above then the overwhelming feeling (which will happen) will be manageable.
9. **GO TO CLASS.** Oh yeah, this is important! "Eighty percent of success is showing up" - Woody Allen
10. **CHECK OUT THE LINKS PROVIDED BELOW.** I've kept them to a minimum so PLEASE check out each of them!

HELPFUL LINKS

25 Tips to Help You Survive and Thrive Your Freshman Year and Beyond:

http://www.quintcareers.com/first-year_success.html

10 Tips for first-year community college students:

<http://www.mendocino.edu/admissions/become-student/10-tips-first-year-community-college-students>

Making the Most of the Summer Before College

<http://www.firstgenerationstudent.com/blog/making-the-most-of-the-summer-before-college/>

Freshman: What to Bring:

<http://www.college-freshman.com/what-to-bring.php>

Dorm Checklist:

http://webcache2.gifts.com/html/PDF/dorm-essentials-checklist/dorm_checklist_v3.pdf